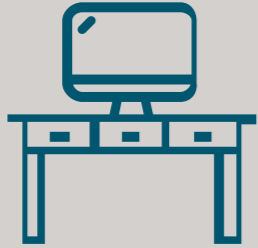


SETUP



Links to resources:

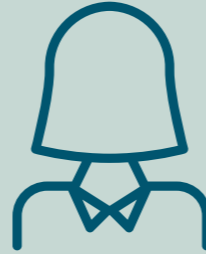
[Signal booster](#)

[Lighting](#)

[Green screen](#)

[Meeting Owl Pro](#)

STANCE



Links to resources:

[Office chair without wheels](#)

[Standing desk](#)

[Laptop stand](#)

[Floor tape to mark speaking area](#)

SOUND



Links to resources:

[Headset](#)

[USB Microphone](#)

[Earbuds with mic](#)

SMILE



Instructions for:

[How to show a profile picture in Zoom](#)

[Troubleshooting Zoom profile pictures](#)

SILENCE



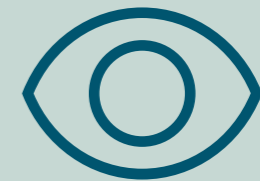
Instructions for:

WebEx [polls](#), [whiteboards](#), and [breakout groups](#).

Zoom [polls](#), [whiteboards](#), and [breakout rooms](#).

[PowerPoint Presentation Coach](#)

SIGHT



Links to resources:

[External camera with light](#)

[EpocCam app](#)

[Tripod](#)

[SWA Sandwich Structure](#)