



D.C. BAR LAWYER ASSISTANCE PROGRAM (LAP)

A free, confidential program for lawyers, judges, and law students who are experiencing problems, such as addiction, mental health symptoms, or stress, which interfere with their personal or professional lives.

LAW STUDENT WELLNESS ONLINE SUPPORT GROUP

Please join us for our free and confidential online discussion group designed for current D.C. law students to find support and connection during these challenging times.

The group is open to students at the six D.C. law schools who plan to become members of the D.C. Bar following graduation.

Groups meet weekly on Thursdays at 12 noon, via Zoom. Each group is facilitated by a LAP counselor. Please email lap@dcbar.org to learn more about joining.

Confidential phone: 202.347.3131 ■ Email: LAP@dcbar.org ■ Twitter: @LAPCounselor
www.dcbar.org/bar-resources/lap

